

Cousin Trips Packing Tips

- Take care to roll & pack clothes neatly to insure that they all fit in one [1] piece of luggage. One suitcase and one small personal bag is allowed.
- Toiletries should be contained in a cosmetic bag.
- Footwear should already be broken in for comfort.
- Pack five sets of clothing (washers and dryers are available).
- Medications should be in original container. (see contract for more details)
- Suitcases should have an extendable pull handle and wheels.
- Label ALL personal belongings (stick on labels or water repellent markers)



| Toiletries | Clothing/Accessories | |
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| <ul style="list-style-type: none"> • Toothbrush • Toothbrush Case • Toothpaste • Comb & Brush • Liquid Soap • Deodorant • Body Lotion • Sunscreen • Shower Shoes • OFF Bug Spray | <ul style="list-style-type: none"> • Socks: 5 • Underwear: 5 • Swimwear: 2 • Sleepwear: 3 • Bathrobe: 1 • Sweater: 1 • Shorts: 4 • Jeans/Pants: 2 • T-Shirts: 5 | <ul style="list-style-type: none"> • Long Sleeve Shirt: 1 • Short Sleeve Shirt: 1 • Casual Shoes: 1 • Sneakers: 1 • Umbrella or Poncho • Sandals/Flip-Flops 1 • Bath Towel: 1 • Wash Cloth: 1 • Sunglasses • Wristwatch |

| Optional | DO NOT BRING |
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| <ul style="list-style-type: none"> • Mobile Phone • Calling Card • Reading Material: 2 • Disposable Camera: 2 • Stamps/Stationary/Envelopes • Refillable Water Bottle: 1 | <ul style="list-style-type: none"> • Electronic devices of ANY kind [i.e. Apple iPod, PSP, Nintendo GameBoys, etc.] • Weapons or anything that can be construed as a weapon • Personal Valuables |

Note: Cousin Trips does not assume responsibility for any lost or damaged property; therefore we recommend that no valuable items such as jewelry etc. be brought on a trip.

Cousin Trips will provide the following items for Student Traveler use:

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| <ul style="list-style-type: none"> • Bath Towels & Wash Cloths • Shampoo & Conditioner • Laundry Detergent | <ul style="list-style-type: none"> • Journals • Pens & Pencils • Board & Card Games |
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